

*I have come so that they might have life and that they might have it more abundantly.* Jesus Christ

## KEYS TO ABUNDANT LIFE

Apply these Biblical truths to Walk with God Each Day and Experience His Plan for Your Life

### III. Experiencing God's Forgiveness & Victory Over Sin

1. **Read John 1:29.** What was Jesus called and what did He accomplish? \_\_\_\_\_

2. **Read Hebrews 10:1-18.** The title "Christ" is from the Greek translation of the Hebrew word "Messiah" (meaning anointed or appointed). The Messiah was foretold to be a Savior who would fulfill both the Law and the rituals of the Old Testament. In verses 10-14, what did Jesus succeed in doing? \_\_\_\_\_

Was His sacrifice acceptable to God? [ ] Yes [ ] No [ ] Not sure

When Christ died for me, how many of my sins were forgiven? \_\_\_\_\_

3. **Read Romans 6:1-13.** The term baptism (literally, to immerse or to merge into one) does not refer to the ritual of water baptism, but describes a profound spiritual reality. Every believer is viewed by God as having died and been resurrected with Christ to a new, supernatural life. According to verse 6, what happened to my old sinful self? \_\_\_\_\_

From verse 11, what am I to do? \_\_\_\_\_

Even though I am a new person in Christ, I must learn to think, feel, and act in harmony with my new identity as God's child. In verses 12-13, what choice do I make daily? \_\_\_\_\_

4. **Read 1 Corinthians 10:13.** What limit does God put on the temptations I face each day? \_\_\_\_\_

What does God promise to do when I am tempted? \_\_\_\_\_

5. **Read 1 John 1:5-10.** Among other things, being a Christian means that God has changed my attitude toward sin. My old nature (selfish habits of thought and action) is not transformed instantly, but I am more aware of my weaknesses and of sin's destructive effects on me and all around me. God is teaching me to admit and hate my sin, and to love righteousness. This results in a life changed from the inside out. **Anyone who says he knows Christ, but continues to live willfully in sin with no remorse and/or God's loving discipline cannot possibly be a Christian (Hebrews 12:5-8)**

According to verses 8 and 10, will I ever in this earthly life stop sinning entirely? [ ] Yes [ ] No [ ] Not sure

When I do sin, what must I do to experience and enjoy from day to day God's forgiveness which is already mine? \_\_\_\_\_

**To confess (Greek = homo logeos) our sins means to "say the same" or to "agree with" what God says about our sin. My sins have already been forgiven once and for all, so confession doesn't bring a new forgiveness. It makes real in my earthly experience the forgiveness and cleansing that Christ accomplished for me in His death and resurrection.**

6. **Read Psalm 32.** Describe David's experience when he refused to confess his sin with the Lord. \_\_\_\_\_

What happened when David confessed (agreed with God) about his sin? \_\_\_\_\_

7. **Read Matthew 5:23-24.** If my sin has been not only against God, but also against another person, what do I need to do in order to experience my forgiveness and freedom from guilt? \_\_\_\_\_

Confession of sin is not a ritual or something we do only at certain times or places. Rather, whenever God reveals to us something in our lives that does not please Him, we immediately agree with Him about our sin and claim by faith His forgiveness and power to overcome sin. Confession should become as natural as breathing, so that unconfessed sin never hinders our fellowship with God or short-circuits our experience of His joy and power.

The Four R's of Confession: Agree with God about the... **REALITY OF SIN**—Take responsibility, no excuses  
**RESULTS OF SIN**—Always destructive to me and others  
**REMEDY FOR SIN**—Atoning work of Jesus on the cross  
**REMOVAL OF SIN**—Resurrection power to transform me

#### FAITH IN ACTION

- Memorize 1 John 1:9
- Read John 7-9, keeping your Quiet Time journal.
- Make Psalm 139:23-24 your prayer. On a sheet of paper, make a list of specific, unconfessed sins as the Spirit brings them to mind. Confess them to God, then write 1 John 1:9 over the list. Finally, destroy the list and leave them behind you.